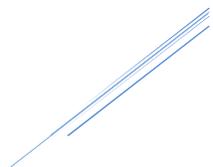


PSHE Curriculum Overview



	Autumn	Spring	Summer
Year 1	Feelings Getting help Classroom rules Recognising, valuing and celebrating difference Developing tolerance and respect	How our feelings can keep us safe Keeping healthy Medicine Safety Taking care of things: Myself My money My environment	Growth Mindset Keeping by body healthy Getting help Becoming independent My body parts
Year 2	Bullying and teasing Our school rules about bullying Being a good friend Feelings/self-regulation Being kind and helping others Listening Skills	Safe and unsafe secrets Appropriate touch Medicine safety Cooperation Self-regulation	Growth Mindset Looking after my body Life cycles Dealing with loss Being supportive
Year 3	Cooperation Friendship (including respectful relationships) Recognising and respecting diversity Being respectful and tolerant	Managing risk Drugs and their risks Staying safe online Skills we need to develop as we grow up Helping and being helped	Keeping myself healthy Celebrating and developing my skills Relationships Menstruation Keeping safe



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PSHE Curriculum Overview



Year 4	<p>Recognising feelings</p> <p>Bullying</p> <p>Assertive skills</p> <p>Recognising and celebrating difference (including religions and cultural difference)</p> <p>Understanding and challenging stereotypes</p>	<p>Managing risk</p> <p>Understanding the norms of drug use (cigarette and alcohol use)</p> <p>Influences</p> <p>Making a difference (different ways of helping others or the environment)</p> <p>Media influence</p> <p>Decisions about spending money</p>	<p>Having choices and making decisions about my health</p> <p>Taking care of my environment</p> <p>Body changes during puberty</p> <p>Managing difficult feelings</p> <p>Relationships including marriage</p>
Year 5	<p>Feelings</p> <p>Friendship skills, including compromise</p> <p>Assertive skills</p> <p>Recognising and celebrating difference, including religions and cultural</p> <p>Influence and pressure of social media</p>	<p>Managing risk, including staying safe online</p> <p>Norms around use of legal drugs (tobacco, alcohol)</p> <p>Rights and responsibilities</p> <p>Rights and responsibilities relating to my health</p> <p>Decisions about lending, borrowing and spending</p>	<p>Growing independence and taking responsibility</p> <p>Media awareness and safety</p> <p>Managing difficult feelings</p> <p>Managing change</p> <p>Getting help</p>
Year 6	<p>Assertiveness</p> <p>Cooperation</p> <p>Safe/unsafe touches</p> <p>Recognising and reflecting on prejudice-based bullying</p> <p>Understanding Bystander behaviour</p>	<p>Emotional needs</p> <p>Staying safe online</p> <p>Drugs: norms and risks (including the law)</p> <p>Understanding media bias, including social media</p> <p>Caring: communities and the environment</p> <p>Earning and saving money</p>	<p>Aspirations and goal setting</p> <p>Managing risk</p> <p>Keeping safe</p> <p>Body Image</p> <p>Self esteem</p>

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