

WINSLOW

Week 1
3/6/19-7/6/19

	Monday 3/6/19	Tuesday 4/6/19	Wednesday 5/6/19	Thursday 6/6/19	Friday 7/6/19
<i>Main</i>	<i>Inset Day</i>	<i>Beef Meatballs in tomato sauce with pasta sweetcorn & tomato salad</i>	<i>Roast Chicken roast potatoes broccoli & carrots stuffing & gravy</i>	<i>Chicken Curry with rice & curry bread tomato & cucumber salad</i>	<i>Fish Fingers chips baked beans or garden peas</i>
<i>Vegetarian</i>		<i>Mixed Bean Stew with rice sweetcorn & tomato salad</i>	<i>Vegetable Wellington roast potatoes broccoli & carrots gravy</i>	<i>Lentil & Sweet- Potato Curry with rice & curry bread tomato & cucumber salad</i>	<i>Red Pepper & Cheese Frittata chips baked beans or garden peas</i>
<i>Pudding</i>		<i>Sliced cheese, apple & biscuits</i>	<i>Vanilla Shortbread</i>	<i>Apple Pie with cream</i>	<i>Mixed Fruit Crumble with custard</i>

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Week 2
10/6/19-14/6/19

	Monday 10/6/19	Tuesday 11/6/19	Wednesday 12/6/19	Thursday 13/6/19	Friday 14/6/19
<i>Main</i>	<i>Sausages with baked potato wedges sweetcorn green beans & gravy</i>	<i>Spaghetti Bolognaise carrots & garden peas</i>	<i>Roast Turkey roast new potatoes mixed seasonal vegetables gravy</i>	<i>Chicken Fajitas with rice grated carrot salad coleslaw</i>	<i>Fish Fingers Chips baked beans or garden peas</i>
<i>Vegetarian</i>	<i>Quorn Sausages with baked potato wedges sweetcorn green beans & gravy</i>	<i>Tomato Pasta carrots & garden peas</i>	<i>Creamy Vegetable Pie roast new potatoes mixed seasonal vegetables gravy</i>	<i>Vegetarian Fajitas with 50/50 rice grated carrot salad & coleslaw</i>	<i>Cheese & Pepper Whirl Chips baked beans or garden peas</i>
<i>Pudding</i>	<i>Sticky Toffee Apple Crumble & custard</i>	<i>Chocolate & Beetroot Brownie</i>	<i>Fruit & Yoghurt</i>	<i>Iced Sponge</i>	<i>Chocolate Cocoa Cookie</i>

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Week 3
17/6/19-21/6/19

	Monday 17/6/19	Tuesday 18/6/19	Wednesday 19/6/19	Thursday 20/6/19	Friday 21/6/19
<i>Main</i>	<i>Beef Burger in a bun baked jacket wedges crunchy carrot sticks & peas</i>	<i>BBQ Chicken with 50/50 rice green beans & coleslaw</i>	<i>Roast Pork roast potatoes mixed seasonal vegetables & gravy</i>	<i>Beef Lasagne with garlic bread broccoli & sweetcorn</i>	<i>Fish Fingers chips baked beans or garden peas</i>
<i>Vegetarian</i>	<i>Quorn Burger in a bun baked jacket wedges crunchy carrot sticks & peas</i>	<i>Chickpea Aloo Chat with rice green beans & coleslaw</i>	<i>Lentil & Basil Puff Pastry Turnover roast potatoes mixed seasonal vegetables</i>	<i>Macaroni Cheese broccoli & sweetcorn</i>	<i>Vegetable Pasty chips baked beans or garden peas</i>
<i>Pudding</i>	<i>Chocolate & Banana square</i>	<i>Yoghurt and Fruit</i>	<i>Apple Flapjack</i>	<i>Peach Upside Down Cake with cream</i>	<i>Lemon Drizzle Cake</i>

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Week 4
24/6/19-28/6/19

	Monday 24/6/19	Tuesday 25/6/19	Wednesday 26/6/19	Thursday 27/6/19	Friday 28/6/19
<i>Main</i>	<i>Wholemeal Beef & Red Pepper Pizza Homemade Wedges sliced carrots & green beans</i>	<i>Beef Meatballs in tomato sauce with pasta sweetcorn & tomato salad</i>	<i>Roast Chicken roast potatoes broccoli & carrots stuffing & gravy</i>	<i>Chicken Curry with rice & curry bread tomato & cucumber salad</i>	<i>Fish Fingers chips baked beans or garden peas</i>
<i>Vegetarian</i>	<i>Wholemeal Cheese & Tomato Pizza Homemade Wedges sliced carrots & green beans</i>	<i>Mixed Bean Stew with rice sweetcorn & tomato salad</i>	<i>Vegetable Wellington roast potatoes broccoli & carrots gravy</i>	<i>Lentil & Sweet- Potato Curry with rice & curry bread tomato & cucumber salad</i>	<i>Red Pepper & Cheese Frittata chips baked beans or garden peas</i>
<i>Pudding</i>	<i>Yoghurt & Fruit</i>	<i>Sliced cheese, apple & biscuits</i>	<i>Vanilla Shortbread</i>	<i>Apple Pie with cream</i>	<i>Mixed Fruit Crumble with custard</i>

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Week 5
1/7/19-5/7/19

Monday
1/7/19

Tuesday
2/7/19

Wednesday
3/7/19

Thursday
4/7/19

Friday
5/7/19

Main

Sausages
with baked potato
wedges
sweetcorn green
beans & gravy

Spaghetti
Bolognaise
carrots & garden
peas

Roast Turkey
roast new potatoes
mixed seasonal
vegetables
gravy

Chicken Fajitas
with rice
grated carrot salad
coleslaw

Fish Fingers
Chips
baked beans
or garden peas

Vegetarian

Quorn Sausages
with baked potato
wedges
sweetcorn green
beans & gravy

Tomato Pasta
carrots & garden
peas

Creamy Vegetable
Pie
roast new potatoes
mixed seasonal
vegetables
gravy

Vegetarian Fajitas
with 50/50 rice
grated carrot
salad &
coleslaw

Cheese & Pepper
Whirl
Chips
baked beans
or garden peas

Pudding

5

Sticky Toffee Apple
Crumble & custard

Chocolate &
Beetroot Brownie

Fruit & Yoghurt

Iced Sponge

Chocolate Cocoa
Cookie

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Week 6
8/7/19-12/7/19

	Monday 8/7/19	Tuesday 9/7/19	Wednesday 10/7/19	Thursday 11/7/19	Friday 12/7/19
<i>Main</i>	<i>Beef Burger in a bun baked jacket wedges crunchy carrot sticks & peas</i>	<i>BBQ Chicken with 50/50 rice green beans & coleslaw</i>	<i>Roast Pork roast potatoes mixed seasonal vegetables & gravy</i>	<i>Beef Lasagne with garlic bread broccoli & sweetcorn</i>	<i>Fish Fingers chips baked beans or garden peas</i>
<i>Vegetarian</i>	<i>Quorn Burger in a bun baked jacket wedges crunchy carrot sticks & peas</i>	<i>Chickpea Aloo Chat with rice green beans & coleslaw</i>	<i>Lentil & Basil Puff Pastry Turnover roast potatoes mixed seasonal vegetables</i>	<i>Macaroni Cheese broccoli & sweetcorn</i>	<i>Vegetable Pasty chips baked beans or garden peas</i>
<i>Pudding</i>	<i>Chocolate & Banana square</i>	<i>Yoghurt and Fruit</i>	<i>Apple Flapjack</i>	<i>Peach Upside Down Cake with cream</i>	<i>Lemon Drizzle Cake</i>

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Week 7
15/7/19-19/7/19

Monday
15/7/19

Tuesday
16/7/19

Wednesday
17/7/19

Thursday
18/7/19

Friday
19/7/19

Main

*Wholemeal Beef &
Red Pepper Pizza*
Homemade Wedges
*sliced carrots &
green beans*

*Beef Meatballs in
tomato sauce with
pasta*
*sweetcorn & tomato
salad*

Roast Chicken
roast potatoes
broccoli & carrots
stuffing & gravy

Chicken Curry
with rice & curry
bread
tomato &
cucumber salad

Fish Fingers
chips
baked beans
or garden peas

Vegetarian

*Wholemeal Cheese
& Tomato Pizza*
Homemade Wedges
*sliced carrots &
green beans*

Mixed Bean Stew
with rice
*sweetcorn & tomato
salad*

Vegetable Wellington
roast potatoes
broccoli & carrots
gravy

*Lentil & Sweet-
Potato Curry*
with rice & curry
bread
tomato &
cucumber salad

*Red Pepper &
Cheese Frittata*
chips
baked beans
or garden peas

Pudding

Yoghurt & Fruit

*Sliced cheese, apple
& biscuits*

Vanilla Shortbread

*Apple Pie with
cream*

*Mixed Fruit
Crumble
with custard*

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Week 8
22/7/19-26/7/19

Monday
22/7/19

Tuesday
23/7/19

Wednesday
24/7/19

Thursday
25/7/19

Friday
26/7/19

Main

Sausages
with baked potato
wedges

sweetcorn green
beans & gravy

Spaghetti
Bolognaise
carrots & garden
peas

Inset Day

Holiday

Holiday

Vegetarian

Quorn Sausages
with baked potato
wedges

sweetcorn green
beans & gravy

Tomato Pasta

carrots & garden
peas

Pudding

Sticky Toffee Apple
Crumble & custard

Chocolate &
Beetroot Brownie